

Getting in the Mood for Chanukah

Writing Meditation on Dedication, Light, and Miracles

a jmc holiday worksheet



Just as the Maccabees rededicated the Temple, looked through the rubble, found light, and excavated the place to hold holiness, look into your own heart and ask:

1. What needs repair or cleaning out?
2. What brings light to my life?
3. What can I do to kindle and cultivate that light?
4. What is holding me back?
6. What miracles have I experienced during difficult times?
7. What miracles am I currently trying to cultivate in my life?
8. What actions can I take to bring about miracles in my life, the lives of people I love, and the lives of strangers?

חנוכה שמח Happy Chanukah

Blessings from the Jewish Meditation Center of Brooklyn for a holiday of light, peace, and joy.